HML Holdings plc
("HML Holdings" or "the Company")

Grant of Options

HML Holdings plc (AIM: HMLH), a provider of property management, insurance and ancillary services to residential property blocks, announces that on 31st March 2008 a total of 758,000 Options over the Company's Ordinary Shares were granted to the employees and directors, pursuant to the HML Holdings Plc Share Options Scheme. The Options were granted at nil consideration with an exercise price of 19 p per share and are exercisable after 2 years from the date of grant.

Following the grant, the interests of Directors in Options are as follows:

Name:	Options Granted:	Total Options:
Robert Plumb	200,000	475,000
James Howgego	100,000	237,500
Richard Smith	50,000	275,000
Geoffrey Griggs	20,000	132,500

Save for the above the Directors' beneficial interests remain unchanged and as previously announced.

HML Holdings plc
Robert Plumb, Chief Executive Tel: 020 7352 5179

Daniel Stewart & Company plc
Simon Leathers / Charlotte Stranner Tel: 020 7776 6550